



## THE *spa* AT POCO DIABLO

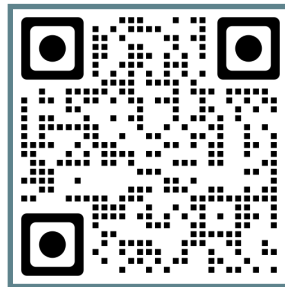
Relaxation. Rejuvenation. Wellness.

We offer an intimate healing journey leaving you feeling pampered from head to toe. Indulge in a luxurious massage, rejuvenating body wrap, or a refreshing facial, each featuring natural, organic, and cruelty-free products for a truly one-of-a-kind treatment.

### BY APPOINTMENT

928-203-5982  
TheSpa@PocoDiablo.com  
PocoDiablo.com/Spa

View Availability & Book



### POCO DIABLO RESORT

1752 State Route 179 • Sedona, AZ 86336

POCO DIABLO  
RESORT  
SEDONA

## MASSAGE SERVICES

### SWEDISH | 60 MIN – \$135 / 90 MIN – \$175

This traditional serene massage incorporates a variety of techniques to promote relaxation, enhance skin tone, soothe tired muscles and improve circulation.

### DEEP TISSUE | 60 MIN – \$160 / 90 MIN – \$220

This technique affects the deeper level of musculature and fascia, releasing built-up tension and knots in your muscles. Your concerns are addressed using specialized techniques.

### HOT STONES | 60 MIN – \$170 / 90 MIN – \$210 / 120 MIN – \$260

Smooth, heated basalt stones are used to massage your body, penetrating with a deep healing warmth, easing muscular tension and soreness.

### POCO CUSTOM | 60 MIN – \$145 / 90 MIN – \$195 / 120 MIN – \$270

Our premium massage experience is tailored to meet your unique needs. *Excludes Deep Tissue and Hot Stones.*

### PRENATAL | 60 MIN – \$145 / 90 MIN – \$190

For mothers to be, this massage treatment is designed to relieve discomforts experienced during pregnancy, reduce stress on weight-bearing joints, and encourage circulation. *Available for guests who have completed their first trimester.*

### THE SEDONA SHIFT | 60 MIN – \$125

Many come to Sedona to be surrounded by its stunning natural beauty and experience its famous transformational energy healing. Our skilled therapists practice a range of light-touch healing and effective energy modalities. *This session is not a massage, please wear loose and comfortable clothing.*

### COUPLE'S | 60 MIN / 90 MIN

Choose your individual treatments and enjoy your downtime together. **Individually priced.**

### TRAIL'S END | 30 MIN – \$75 / 60 MIN – \$135

There's nothing more revitalizing after a day of hiking, golfing, of touring Sedona than a sage foot scrub and hydrating foot massage.

### ON-SITE CHAIR | 60 MIN – \$100

A wonderful addition to any event, like staff luncheon, meeting, or small get together. Our therapists are skilled in a wide variety of techniques.

*As a courtesy to the next guest, late arrivals will be given the remaining time only. Please call at least 24 hours before your treatment time to cancel or reschedule, to avoid being charged a cancellation of 50%.*

*In-room massage is offered for an additional \$25 per person.*

*In-room massages accommodate the following modalities:*

*Swedish, Deep Tissue & Energy Work.*

## BODY TREATMENTS

### WHITE SAGE PURIFICATION SCRUB | 105 MIN – \$200 / 135 MIN – \$240

Sage, a Native American herb, esteemed for cleansing and purifying properties, is carefully hand-ground with sea salt into a scrub, which exfoliates your skin, leaving it refreshed and revitalized. You are then rehydrated with a moisturizing Piñon Pine cream, and smudged with White Sage to renew your spirit.

### ALOE HYDRATING WRAP | 90 MIN – \$220 / 120 MIN – \$290

During this treatment, your skin is rehydrated with a layer of Aloe Vera and Rosewater. While you are wrapped, your feet are soothed, massaged, and re moisturized with our local vegan Hemp Cocoa Balm. You are then unwrapped and massaged with a Mango Coconut moisturizer.

### ESSENTIAL OIL WRAP | 90 MIN – \$220 / 120 MIN – \$290

From our carefully chosen aromatherapy oils, create your own unique blend and indulge in a luxurious rehydrating whole body massage and wrap. We start by gently dry brushing your skin to exfoliate and improve lymphatic flow. While warmly cocooned in the healing wrap, your feet are massaged with a Bee Balm, which penetrates and protects your skin. Finally, we lightly apply Propolis Ointment to your face – a natural antibiotic that prevents wrinkles.

## FACIAL SERVICES

*Each facial will include a skin analysis, deep cleanse, toning, warm steam, followed by extractions (excluding Express), relaxing massage, moisturizer, and protection application. Each treatment is customized to your needs.*

### POCO CUSTOM FACIAL | 60 MIN – \$140 / 90 MIN – \$185

Our skilled aestheticians will consult with you before your session and customize your facial to suit your needs using organic herbs and essential oils. Each session is deep cleansing and relaxing. Our 90-minute session includes a soothing hand and foot treatment.

### JUST FOR MEN | 60 MIN – \$125

An energizing and balancing skin treatment specifically geared to men's skincare. Please shave 6 to 8 hours before treatment to avoid irritation.

### BACK FACIAL | 45 MIN – \$80

A deep pore cleansing for that hard to reach area, leaving the skin smooth and revitalized. *Combine any facial with a back facial and receive a 10% discount on all your facial services.*

### EXPRESS FACIAL | 30 MIN – \$60

A quick and effective facial for those on the run. *Does not include extractions.*

### ADD ONS

REVITALIZING EYE TREATMENT (Integrated) | \$20

HAND RENEWAL TREATMENT | 15 min \$25

### WAXING

Brow 15 min – \$18

Lip 15 min – \$12

Chin 15 min – \$15

Full Face 30 min – \$40

Under Arm 15 min – \$25

### TINTING

Lash 30 min – \$25

Brow 30 min – \$25

Combo 45 min – \$50

## WEDDING SERVICES

### PRE-WEDDING CONSULTATION

Bridal Hair & Makeup | \$175

### DAY OF WEDDING SERVICES

Makeup Application | starts at \$175

Bridal Hairstyle | starts at \$175

*Stylists are available at the spa or on location for an additional fee. Non-refundable deposit is required 4 weeks prior to your appointment. Deposit amount is determined by the total cost of services. Services booked less than 4 weeks in advance will need to be paid in full.*

